



Dr. James Bartee DDS

Immediate Denture Post-Operative Instructions

- For the first 24 hours your immediate denture is not to be removed from your mouth. If the denture is removed, swelling may occur that will make it difficult or impossible to replace the denture.
- After 24 hours remove the denture, clean it and rinse your mouth with warm salt water taking care not to spit forcibly.
- Drink plenty of fluids and eat a soft diet initially.
- We will set a post op visit to assess healing soon after the procedure.
- After extractions, do not rinse, spit, smoke or suck on a straw. Do not rinse your mouth vigorously. Do not drink any hot beverages or carbonated beverages.
- See Extraction Post-Operative Instructions for additional information on care of our mouth after tooth extraction.
- Your immediate denture not only replaces your missing teeth, but it is acting to protect the surgical site, control swelling, and control bleeding. The denture needs to be in place to be effective.
- The fit of your immediate denture will change as your mouth heals from the extraction of your teeth. As healing occurs, the dental ridges change shape – and they generally shrink in size. An immediate denture will require replacement or relines after final healing of the mouth.
- The immediate denture will need to be adjusted and/or relined to compensate for the changes that will take place in your mouth as the gums heal. You will be instructed by your dentist to return for periodic appointments to monitor your mouth for changes that will require denture adjustments. We will do soft relines as the tissue changes until you are ready for a permanent, hard reline.
- After the dental extraction sockets have healed over (two to six weeks) you may find a denture adhesive paste or powder to help stabilize your denture. At this point we will continue to use a combination of you using adhesive and soft relines to compensate for this change.
- Dental extraction sockets take at least 6 months to heal and fill in with new jaw bone. At that time, your dentist will speak to you about replacing your immediate denture with a permanent denture or making a permanent reline.